

V Jay Theatre Productions

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Dear Sir or Madam

Ref: Workshop for Elders group/reminisces

This workshop will give opportunities for the Elderly group to express themselves through their ideas and help unlock the wealth of knowledge and experiences they have collected over many years.

To be channelled through discussion, stories, drama and songs in a 2 - 3 hours workshop, to develop, practice and be presented by themselves, and to be captured on video for prosperity and future generations.

For more information please see an attached sheet.
I look forward to hearing from you soon.

Yours sincerely,

Victor Richards

For Elders Group Workshop/ Reminiscence

[Programme]

Warm-up

Discussion

Stories

Songs

- 1. The benefit is re-empowering their mind**
- 2. Structure workshop into groups and into solo performance**
- 3. To help lead a more active creative life**
- 4. Sharing and helping each other**
- 5. Teaching the young people their experiences**
- 6. And how to focus their knowledge for future generation**

